



Sound in Motion Inc.
1570 Highbury Ave. N.
London, ON. N5Y 5N7
(519) 913-2353
soundinmotionstudio@gmail.com
www.soundinmotionstudio.com

Group Class Schedule, Listed by Age
Winter Session January 8th – June 2nd, 2024

Mini Stars (Ages 2-4)

8-Weeks for \$89+HST

Twinkle Toes is a ballet-based class, Tiny Tumblers is an acrobatic-based class. In both programs, dancers work towards taking class independently, but it's ok for students to bring in a parent or caregiver if needed.

Mondays	4:30-5:30pm	Twinkle Toes
Tuesdays	5:00-5:30pm	Tiny Tumblers
Wednesdays	5:00-5:30pm	Twinkle Toes
Saturdays	9:45-10:15am	Twinkle Toes
Sundays	10:00-10:30am	Tiny Tumblers

MAIN STAGE

For students ages 4 -17, we offer our all-inclusive performance package, see below for January 2024 schedule & pricing! Give the gift of confidence and all the benefits that come with learning music and dance!

\$575+HST for January 8th – June 2nd

Monthly payment plan option available (\$115+HST x 5 payments).

INCLUDES:

- Five Months of Class Tuition!
- Recital Performance Costume!
- Unlimited Recital Tickets!
- Recital Photography In-Studio & Onstage!
- Performance Video!

Book a free trial class! Email us or enroll through the ONLINE PORTAL!

Class descriptions available online or contact us!

Classes start January 8th and end with performances on June 1st & 2nd.

Little Stars Classes (Ages 4-6 as listed by class)

(Students take these classes independently without parents in the studio.)

Mondays	4:30-5:15pm	Tap Jazz Combo (Ages 5 & 6)
NEW! Mondays	5:00-5:45pm	Ballet Jazz Combo (Ages 4-6)
Tuesdays	4:45-5:30pm	Ballet Jazz Combo (Ages 5 & 6)
Tuesdays	5:30-6:16pm	Acro (Ages 5 & 6)
Wednesdays	5:30-6:15pm	Ballet Jazz Combo (Ages 4-6)
Fridays	4:45-5:30pm	Acro (Ages 4-6)
Fridays	5:30-6:15pm	Musical Theatre (Ages 5 & 6)
Saturdays	9:00-9:45am	Acro (Ages 4-6)
Saturdays	9:45-10:30am	Ballet Jazz Combo (Ages 5 & 6)
Saturdays	12:00-12:45pm	Ballet Jazz Combo (Ages 4-6)
Sundays	9:15-10:00am	Ballet Jazz Combo (Ages 4-6)

SOUND IN MOTION MUSIC & DANCE

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Junior Classes (Ages 7-9)

Mondays	5:45-6:30pm	Musical Theatre Open Level
Tuesdays	5:30-6:15pm	Jazz Junior Level 1 & 2
Tuesdays	6:15-7:00pm	Acro Junior Level 1 & 2
Wednesdays	5:30-6:15pm	Acro Junior Level 3 & 4
Wednesdays	6:15-7:00pm	Lyrical Junior Level 3 & 4
Thursdays	5:30-6:15pm	Jazz Junior Level 3 & 4
Thursdays	6:15-7:00pm	Ballet Junior Level 3 & 4
Fridays	5:30-6:15pm	Ballet Junior Level 1 & 2
Fridays	6:15-7:00pm	Acro Junior Level 1 & 2
Saturdays	9:00-9:45am	Ballet Junior Level 1 & 2
Saturdays	10:30-11:15am	Tap Jazz Level 1 & 2
Saturdays	11:15am-12:00pm	Acro Level 3 & 4
Sundays	9:45-10:30am	Jazz Junior 1 & 2
Sundays	10:30 – 11:15am	Acro Junior 1 & 2

Intermediate (Ages 10-12)

Mondays	6:30-7:15pm	Jazz Level 1 & 2
Mondays	7:15-8:00pm	Ballet Level 1 & 2
Tuesdays	6:15-7:00pm	Lyrical Level 1 & 2
Tuesdays	7:00-7:45pm	Acro Level 1 & 2
Wednesdays	6:15 – 7:00pm	Acro Level 3 & 4*
Wednesdays	7:00-7:45pm	Lyrical Level 3 & 4
Thursdays	4:45-5:30pm	Tap Level 1 & 2
Thursdays	5:30-6:15pm	Ballet Level 3 & 4
Thursdays	6:15-7:00pm	Jazz Level 3 & 4
Saturdays	10:30-11:15am	Acro Level 1 & 2
Saturdays	11:15am -12:00pm	Lyrical Level 1 & 2

Senior (Ages 13-17)

Tuesdays	7:00-7:45pm	Hip Hop Open Level
Tuesdays	8:30-9:15pm	Contemporary Levels 3-5
Wednesdays	7:00-7:45pm	Acro Level 2 & 3
Wednesdays	7:45-8:30pm	Lyrical Level 2 & 3
Thursdays	7:00-7:45pm	Ballet Senior 2 & 3
Thursdays	7:45-8:30pm	Jazz Senior 2 & 3
Fridays	4:45-5:30pm	Tap Senior 2 & 3
Saturdays	12:00-12:45pm	Acro Senior 1 & 2

Levels

Levels are a general guideline, students are grouped together in classes based on skill and aptitude. Classes are regularly assessed for student progress and evaluation.

** Indicates a second class is required weekly to enroll.*

Senior advanced classes Level 4 & 5 also available. Please contact us for schedule and assessment.

Main Stage Classes have required uniforms and dance shoes, see our dance uniform guideline for details.



Performance Benefits

All of our classes for ages 4 to adult are included in our year-end recital. Training towards a performance creates a specific and achievable goal for students. As a result, they practice with greater focus and effort, which in turn increases their progress, satisfaction and confidence! It also builds the foundation for a positive performance experience!



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ADULT CLASSES

NEW PAYMENT OPTION -Class Cards! Purchase a class card on your account and only pay for the classes you attend!
Class registration still required in advance.

1 Class	\$20+HST
5 Class Card	\$85+HST
10 Class Card	\$160+HST
15 Class Card	\$225+HST

Our unlimited monthly rate for adult classes is still available until May 31st, 2024!
\$89+HST per month to attend unlimited classes weekly.

Adult Evening Classes (Ages 17 & Up)

Mondays	8:00-8:45pm	Tap Beginner
Mondays	8:45-9:30pm	Ballet Experienced
Tuesdays	7:45-8:30pm	Hip Hop Experienced
Tuesdays	8:30-9:15pm	Acro Experienced
Wednesdays	8:30-9:15pm	Ballet Lyrical Beginner
Thursdays	8:30-9:15pm	Lyrical Experienced
Thursdays	9:15-9:45pm	Tap Experienced
Sundays	7:00-8:00pm	Jazz Lyrical Experienced/Advanced

Beginner – Learn and strengthen the foundations, absolute beginners welcome!

Experienced – Have previously taken dance classes and have a solid knowledge of the foundations.

Advanced – Have previously trained in advanced classes and continue to train on a regular basis.

Performance – Adult dance classes are included in our year-end recital. Performance is optional but highly recommended! Costume fees are an extra charge, details are provided prior to students committing to the show.

Interested in weekday daytime adult fitness classes? Let us know and join our waitlist!